

Gambling Related Harm Resources

Signs of gambling related harm

For most people gambling is a fun pastime but any form of gambling can become harmful.

Gambling harm is much broader than just financial losses; it impacts on all aspects of a person's life. For some people, gambling may become a persistent issue affecting their life and the lives of their family and friends.

Experiencing gambling related harm is not limited to people at high risk on the gambling spectrum, although harm will impact people at differing levels. A high risk gambler may experience a debilitating impact on the quality of their life while for

a low risk gambler, gambling issues may affect their enjoyment of life but they can manage the impact.

Impaired family relationships, emotional problems, health issues and financial difficulties are some of the most common effects on family members and friends of people whose gambling has become harmful. Signs of gambling related harm can include those shown below.

